

2023



ANNUAL REPORT



A FEW WORDS FROM OUR CEO

As we reflect on the past year, we are proud to present our annual report, highlighting our endeavours in working with children and young people. We here at the Youth Commission understand the significance of investing in the next generation, fostering their growth, and empowering them to reach their full potential, and this report encapsulates our efforts and achievements in this vital area.

2023 saw the resignation of CEO Charlie Cox who had invested significant time and energy in leading and developing the Youth Commission to ensure services were meeting the needs of young people within the Bailiwick. I would like to take this opportunity on behalf of the Youth Commission to thank Charlie for all her hard work.

I joined the Youth Commission as the new CEO in April 2023 committed to building upon the strong foundation laid by my predecessor and further advancing the Youth Commission's mission of empowering young people to reach their full potential. Together, we continue to provide vital services and programs that support the physical, emotional, and intellectual development of young people from all walks of life.

As our charity continues to grow, we recognised the need to bolster our team to better serve the children and young people we work with. Through strategic hiring and restructuring efforts, we've ensured that we have the right talent and expertise in place to deliver engaging and impactful programs. This expansion and restructuring have enabled us to offer a wider range of programs that cater to the diverse needs and interests of the young people. I would like to express my sincere gratitude to the Education, Sport, and Culture Committee of the States of Guernsey for their continued support and investment in our work. Their significant financial support and commissioning have been instrumental in enabling us to carry out our mission effectively. It is through their ongoing commitment that we are able to make a positive difference in the lives of children and young people in our community.

Looking ahead, we remain committed to our core values and vision of a world where every young person has the opportunity to thrive. As we embark on the next chapter of our journey, I extend my heartfelt gratitude to our dedicated staff, trustees, volunteers, donors, and partners for their unwavering support.



Lou Heale

Thanks goes to everyone that helped us in 2023, without your support our work could not continue...



Youth Work

Youth clubs, mentors and youth work plays a pivotal role in the development of the Bailiwick's young people. They offer a safe space for growth learning and exploration, helping to shape their futures. During 2023 our youth work team gave young people inspiring opportunities through the provision of youth clubs, fun and engaging activities, trips and programs of informal learning. We asked the young people why they attend youth clubs and what the benefits were to them. Here is what they had to say...

(Unit 3 Youth Club) Gives me a space to meet my friends, it's out the way of trouble, and I've gotten to love the support and people who help out

Young person

It's good fun and the people are nice

Young person from North Seniors

I am only two weeks in into club and i have had some fun. I like Hayley Alice and Anna- they make me laugh lots made me feel really welcomed

Young person from North Seniors

I would 100% recommend it, its such a nice friendly environment that's just such a nice place to chill

Young person from North Seniors

I like playing football with all my friends

Young person

I like seeing my friends and the youth workers

Young person

Its fun to see friends and play

Young person

I come to club because I like doing the activities here and it makes me more sociable.

Young person

I enjoy youth work because I can give young people opportunities that they may not have otherwise. Youth work helps young people flourish and helps them become the best version of themselves. I love knowing that the young people I work with have safe contacts with others their own age through our youth clubs and that they have youth workers that they can talk to if they're going through a rough time.

Dan, youth worker

I enjoy youth work because it allows me to build relationships with lots of different young people, where they can feel heard, feel supported, feel like they can achieve things they may think are not achievable and feel like they can be vulnerable as I've provided them with a safe space to be themselves. Youth work is so important and all our young people across Guernsey deserve a space to feel completely themselves without judgement.

Anna, youth worker

434

IS THE NUMBER OF CLUB SESSIONS HELD THIS YEAR INCLUDING PAV YOUTH CLUB, WILDERNESS, STREET REACH, LGBTQ+, SKATEPARK & CLIMB.



The Impact of our Youth Clubs

UNIT THREE

67 SESSIONS HELD IN 2023 WITH 30 YOUNG PEOPLE REGULARLY ATTENDING



10%

Have Individual listening support with staff because Juniors

82%

Have made friends because of North Juniors

82%

Of young people feel encouraged by staff about their future.

39 SESSIONS HELD WITH 25 YOUNG PEOPLE REGULARLY ATTENDING

54%

Would be in their room alone if they weren't at club

81%

Come to North Juniors because it is fun

91%

Tried new activities because of North Juniors

NORTH JUNIORS



The Impact of our Youth Clubs

NORTH SENIORS

37 SESSIONS HELD WITH OVER 15 YOUNG PEOPLE REGULARLY ATTENDING

71%

Would be in their room alone if they weren't at club

54%

Come to North Seniors because it is fun

100%

Have a better understanding of the consequence of their actions and know staff will speak to them fairly.

76%

Of young People have made friends at North Seniors

67%

Tried new activities because of North Seniors

18%

Have been signposted to listening support

73%

Of young people feel encouraged by staff about their future.



"AT THURSDAY CLUB WE HAVE FUN WITH OUR FRIENDS AND APPRECIATE THE STAFF AND ITS A VERY NICE WAY TO SPEND OUR EVENING."

YOUNG PERSON

The Impact of our Youth Clubs

ALDERNEY SENIORS

16 SESSIONS HELD WITH UP TO 12 YOUNG PEOPLE REGULARLY ATTENDING

78%

Have made friends at Alderney seniors Youth club.

93%

Of young people feel encouraged by staff about their future.

79%

Come to club because its fun!

70%

Of Alderney Seniors teens are now better educated on the dangers of Alcohol.

90%

Of Alderney Seniors have a better education on the subject of Drugs because of Club Educational activities.



80%

Have a better understanding of the consequence of their actions and feel they are spoken to fairly by staff.

95%

Feel encouraged about their future because of Youth Commission Staff

89%

Come to Alderney Juniors because it is fun

60%

Have a better understanding of the dangers of drugs because of club

80%

Have taken part in activities they never would of before because of club.

60%

of Juniors now speak to a youth worker on a one to one basis

ALDERNEY JUNIORS

30 SESSIONS HELD WITH UP TO 28 YOUNG PEOPLE REGULARLY ATTENDING



REFERRAL GROUPS

Young Carers group

Our Young Carers youth club is an opportunity for young people in similar positions to come together and have fun. We often do activities such as arts and crafts, play mini golf, or go to the beach in the summer. Young people can also talk to our Support Workers, who are always willing to be a listening ear.

WE RAN 28 SESSIONS OF YOUNG CARERS WITH 6 YOUNG PEOPLE REGULARLY ATTENDING.

Thanks for today. She came out of your session more positive than I've seen her in months.

Parent

I really like our sessions, and I feel like I know myself better now.

Young Person

COMPLEX HEALTH NEEDS

The Complex Health Needs Service provides practical and emotional support for children with a health condition such as diabetes, cancer and Crohn's Disease. The service supports children aged 7-17 and provides support by giving young people a safe confidential to talk, manage their emotions and also help them to get back into daily fun activities.

WE HELD 14 COMPLEX HEALTH NEEDS, BLOSSOM YOUTH CLUB SESSIONS WITH 6 YOUNG PEOPLE REGULARLY ATTENDING.

Blossom
WE HELD 3 COMPLEX HEALTH NEEDS EVENTS THIS YEAR.

Thank you for all you have done for our child and our family.

Parent

Apollo

Apollo is a small referred group for 12-14 year olds based around managing emotions, building self-esteem and recognising positive friendships.

WE RAN 12 SESSIONS OF APOLLO WITH 11 YOUNG PEOPLE.

I lost at football was going to kick the goal like normal but I noticed my Fizz and I walked away instead.

Young Person

Not only did Indigo help me manage my emotions better but it also gave me a safe space to build friendships, which I struggle with.

Young Person

I can't thank you enough for all the support you have provided. Look how far she has come.

Parent

My Youth Commission sessions are the only reason I come into school on a Wednesday.

Young Person

Indigo

Indigo is a small, referred group for 8-11 year olds based around managing emotions, building self-esteem and recognising positive friendships using arts and crafts activities and games. It is a six-week programme.

WE RAN 12 SESSIONS OF INDIGO WITH 19 YOUNG PEOPLE.



DIRECT SUPPORT AND MENTORING

Listening support is a free, confidential one to one support service that works on emotional health and wellbeing in a safe space for young people either at the YC, in school or in the community.

Staff and Mentors build trusting relationships with young people to help identify their goals for the sessions and work on coping strategies.

Thank you for being such a great coach to me for the past couple of months. It has helped me a lot.

Young Person

Thank you for listening to my child. They have become so much more confident and come out of their shell.

Parent

WE WERE AT CAPACITY AT THE START OF 2023 SO REOPENED REFERRALS IN SEPTEMBER IN-LINE WITH THE SCHOOL TERM. WE HAD

62

REFERRALS BETWEEN SEPT-DEC

67%

OF YOUNG PEOPLE INCREASED IN FEELING INFORMED AND KNOW WHERE THEY CAN ACCESS SUPPORT.

12

IS THE AMOUNT OF MENTORS WE HAD IN 2023 THAT OFFERED LISTENING SUPPORT

84%

OF YOUNG PEOPLE INCREASED IN THEIR CONFIDENCE, FORMED POSITIVE RELATIONSHIPS AND FELT HEARD AFTER ENGAGING IN 1:1 SUPPORT SESSIONS.

87%

OF YOUNG PEOPLE INCREASED IN THEIR RESILIENCE AFTER ENGAGING IN 1:1 SUPPORT SESSIONS





THE SUNFLOWER PROJECT STARTED IN JUNE 2014 AS A CHILD BEREAVEMENT SERVICE WITHIN THE HUB WITH ONE MEMBER OF STAFF FOR 9 HOURS PER WEEK. THE SERVICE HAS GROWN STEADILY OVER THE YEARS AND AS WE APPROACH OUR 10TH BIRTHDAY THE STAFF TEAM NOW PROVIDES :-

- Telephone support to parents and carers with information, advice and resources
- Early Intervention Sessions to help families in the first few days and weeks after the death of a loved one
- One-to-one sessions in schools or at the HUB for children and young people
- Regular Sunflower Club for children and young people who have had a parent or sibling die
- Annual family outdoor activity weekend in Herm
- Annual therapeutic residential weekend
- Participation in awareness-raising events eg Children's Grief Awareness Week
- free training entitled 'Understanding Grief for Young People' for professionals and parents
- 'Remembering at Christmas' event to help families to prepare for Christmas without a loved one.

50
YOUNG PEOPLE
HAVE RECEIVED IN
TOTAL 266 1:1
SESSIONS



The advice and support we as a family have received from Sunflower has really helped us navigate what can only be described as an emotional rollercoaster.

PARENT

96%
OF YOUNG PEOPLE
WHO ENGAGED IN
SESSIONS SHOWED AN
INCREASE IN THEIR
IDENTIFIED OUTCOMES

28
FAMILY SESSIONS
HAVE BEEN HELD BY
STAFF

I started going to Sunflower when my daddy died, Denise helped me and came to see me at school. I go to Sunflower club now and have lots of fun playing pool with Dan and doing art and crafts. We also have special times where I can remember daddy.

YOUNG PERSON

9
EVENTS
AND RESIDENTIALS
WERE HELD IN 2023

2
PART-TIME STAFF
AND 4 VOLUNTEERS
SUPPORTED THE
SERVICE IN 2023



SUMMER ACTIVITY WEEKS

CHOW
Kitchen



The opportunity for young people to develop cooking skills with professional chefs.



CHOW summer holiday project saw 5 of our young people learning to cook with top chefs, looking at costs of products as well as eating healthy and how to serve food in a restaurant.

RYLA



Rotary Youth Leadership Awards (RYLA) is an engaging leadership experience where young people develop your skills as a leader while having fun and making connections. 10 young people spent 3 days together working on their communication and problem-solving skills and learning from community leaders and inspirational speakers.

Multi-fun Sailing Course

Some of our young people attended The Guernsey Sailing Trust LBG 'Multi-fun sailing course. This included various activities such as keelboat sailing, powerboating, dinghy sailing, and raft building.



YOGA & ART



In the Summer Lizzie and Sian from our EMHP Team, ran multiple sessions on Art and Yoga. Focusing on the wellbeing of young people. The Yoga sessions looked at breathing and movement.

The art took inspiration from different artists and techniques, which then encouraged young people to express their emotions in varying ways.



Street Reach goes out into the community. In 23 sessions, contact with 268 young people was made.

Playscheme

Is our Holiday provision for primary school aged children. We run in Easter, Summer and Christmas. We provide trips and excursions as well as creative and active fun.

39

children attended our easter playscheme

46

Is the amount of days we ran Playscheme in 2023

29

children attended our christmas playscheme

121

children attended our summer playscheme

189

young people attended playscheme in 2023

Trips included visits to GSPCA, Guille Alles library, Castle Cornet, Sausmarez park, beaches, North & West Shows, walks to the fairy ring

Activities offered included tie dye, painting, baking, den making, themed days, outdoor sports, swimming,

Thanks!

The Health Improvement Commission for Guernsey and Alderney LBG



YOUTH FORUM

"THANK YOU ALL, FOR YOUR HELP. YOUR ENCOURAGEMENT, AND FOR ALLOWING US TO BE AMBITIOUS TO BE THE BEST WE CAN BE. THANK YOU."

THE YOUTH FORUM

We are passionate about young people taking action on issues that are important to them, shaping decision making across the Bailiwick. The Youth Forum have met 8 times and had a residential weekend. We took a creative and fun approach and young people have:

- Met with Shelaine Green who is the chair from Women in Public Life to talk about the voting process. Youth Forum will look to see how they can spread awareness on why voting is important for young people and start looking into how the next forum will go through the Manifestos and make it "Youth Friendly"
- Met with Eleanor Gasse and Emma Connell who are policy officers of the Committee for Education, Sport and Culture to do an interactive exercise around the principles for the new education law which meant their views would be reflected in the new legislation.
- Visited Jersey Youth Parliament to see what life is like for a young person in Jersey compared to Guernsey, we also got to hear what the priorities they were working on.

YOUTH STATES

Youth States provides young people with a great opportunity to get their voices heard on important subjects in front of the Bailiff, Deputy Bailiff and some of our local Deputies at the Royal Court. 11 young people worked hard and delivered strong and robust debates on topics of legalising assisted dying, regulation of vapes and increasing minimum wage. All our young people received positive feedback regarding their confidence and professional speaking.

I was at a point where I didn't want to do after school clubs and was struggling in my friendship group as well as with other stuff. My mum signed me up for 'Youth States' at the Youth Commission, I moaned about going to start with but then ended up talking about everything I'd learnt the whole car journey home with her, not only that but it gave me enough confidence to stand up in front of others and have my voice heard in the Royal Court. I even did research on a friday night!

Roll forward a few months and I was offered work experience because of the group I'd attended. My friendship circle has grown too. I just want to Thank the Youth Commission for nudging me to do stuff they knew I could.

**YOUTH SERVICE
USER. AGED 14.**

ADVOCACY

What is Advocacy?

Advocacy is about helping young people to speak out about what is important to them and to ensure young people feel heard and listened to when decisions are being made about them and their family.

Where you live

Your education

Feeling safe

Seeing family

87

YOUNG PEOPLE WERE REFERRED FOR ADVOCACY SUPPORT

60

CHILDREN AND YOUNG PEOPLE WHO RECEIVED AN ADVOCACY SERVICE WERE INVOLVED IN CHILD PROTECTION PROCESSES

10

CHILDREN IN CARE ENGAGED IN ADVOCACY

100%

OF CHILDREN MET WITH HAD THEIR VOICES HEARD VIA YOUTH SUPPORT WORKERS

What an Advocacy worker can do:

- Give young people... information and advice so you know and understand your rights.
- Speak to those... who are making decisions about young people (like social workers), to help make sure that they are involved in any plans being made about them.
- Make sure... Young people understand what people are saying.
- Help young people... to make a complaint if they need to.



OUTDOOR EDUCATION

Our Duke of Edinburgh and Outdoor Learning team helped 275 young people to achieve their Duke of Edinburgh Bronze, Silver or Gold award.

As well as working with schools to enable young people to achieve the award, they support and deliver training for assessors and supervisors and celebrate young people's achievements.



198

COMPLETED
THEIR
BRONZE
LEVEL

62

COMPLETED
THEIR
SILVER
LEVEL

15

COMPLETED
THEIR
GOLD
LEVEL

238

ARE STILL
WORKING ON
COMPLETION

549

YOUNG
PEOPLE
SIGNED UP

5

YC STAFF
SUPPORTED
30
DAYS ON
EXPEDITIONS

100%

OF LOCAL
SCHOOLS
ASKED FOR
OUR SUPPORT

WE
SUPPORTED
35

DOFE SESSIONS
IN SCHOOLS
IN 2023

WE SET UP A NEW
CONNECTION WITH THE
SKATE PARK AND HAVE
SUPPORTED

80+

YOUNG
PEOPLE
SO FAR

↑ Navigators

Navigators is a new group created in October 2023 that offers families information, support & advice as they navigate their serious illness journey.

We have launched this new service to help families dealing with a serious or terminal illness in the family. The first event illustrated the significant need for this type of support. We are currently recruiting for a dedicated member of staff to lead the service.

The Navigators event is an event repeated throughout the year for families where a parent or primary carer is living with cancer. The event is a partnership between the Youth Commission and Bulstrode Oncology Unit. It allows families the chance to meet others in a similar situation, whilst also offering adults support and advice on how to talk to their children about cancer. Meanwhile, the young people have the opportunity to take part in activities and games, with a focus around developing an understanding of cancer and managing their own emotions. Six families attended the event in July 2023.

It can be hard knowing what to say to children and young people and how to include and support them in conversations about cancer. We gave out some great resources, thanks to the support of Investec that we shared to encourage conversations around diagnosis & treatment.





Guernsey



At Home-Start we recognise how hard it can be to raise a family. We work alongside parents and carers with a least one child in the home under the age of 7, helping them to cope with the stresses and strains of life.

We provide a non-judgemental professional friendship that helps families to gain the skills they need to nurture their family; helping them to grow in confidence, strengthen their relationships with their children, improve their health and wellbeing and widen their links within the local community. We do this through home-visiting support and also hold 3 toddler and parent/carer groups, Dragonflies, supported generously by The Sarah Groves Foundation.

1

**MEMBER OF STAFF
RUNNING
DRAGONFLIES**

9

**ACTIVE
VOLUNTEERS**

4,167

**CONTACTS AT OUR
DRAGONFLIES
SESSIONS**

120

**DRAGONFLIES
SESSIONS**

Our Home-Start volunteer has been massively useful. It's been so good to get the girls out to the park and other places with help. We appreciate the support so much and the girls adore her

PARENT

I have been volunteering with Home-Start for nearly 2 years now and love it. I enjoy the time spent with my Home-Start family and it's easy to see what a difference an extra pair of hands makes. I've been able to help mums give their children experiences they couldn't manage alone. My current family are an absolute joy!

VOLUNTEER

In 2023 we invited Health Visitors and a Speech and Language Therapist to our Dragonflies groups for parents and carers to access information, support and guidance.



We celebrated 50 years of Home-Start and honored it with 200 people attending our Annual Christmas Party. Santa also hand picked individual presents for each child attending.



We were also named charity of the year by Inner Wheel.



In 2024 we are hoping to do a promotional push in the community of our service so everyone knows who we are and how we can help. This will inevitably mean more families are referred and therefore we need to ensure we can manage that demand. We want to recruit more supporters and volunteers so that we can reach significantly more families.

Due to the success of Dragonflies, we are looking at starting a forth group in a different location on the island. This will extend our offer to support and encourage children's development and particularly socialisation for both parents/carers and their children.

EDUCATIONAL MENTAL HEALTH PRACTITIONERS

KEY PERFORMANCE INDICATORS

ANNUAL IMPACT REPORT

PROJECTS

EMHP Postgraduate Degree

1:1 Early-Intervention Cognitive Behavioural Therapy (CBT)

Whole-School Approach for secondary schools

Parent-led support for primary schools

DETAILS

Support the qualification of 3 EMHPs through University of Southampton.

Reduce barriers to mental health support for secondary school children.

Provide awareness raising and group workshops to support mental health.

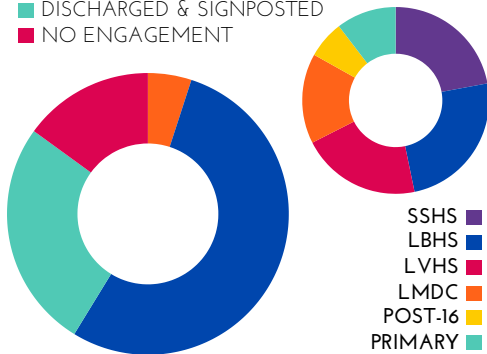
Provide guidance for parents to support mental health of children at home.

OUTCOMES

- Number of young people seeking EMHP support
- Number of education sessions delivered in each school
- Number of 1:1 interventions delivered
- Number of targeted group sessions delivered
- Number of awareness / training sessions given to staff
- School adopt a whole-school approach to mental health

IMPACT

- IN ASSESSMENT
- INTERVENTIONS DELIVERED
- DISCHARGED & SIGNPOSTED
- NO ENGAGEMENT



80 young people referred for EMHP support, with 68 having completed successful CBT interventions and/or being signposted.



171 early-intervention CBT sessions delivered across the year.



33 whole-school approach sessions offered, with 633 young people reached.

OUTPUTS



100% OF YOUNG PEOPLE REPORTED THEY FELT LISTENED TO.



100% OF YOUNG PEOPLE REPORTED THEIR WORRIES WERE TAKEN SERIOUSLY.



9 OUT OF 10 REPORTED STAFF WORKED COLLABORATIVELY.



9 OUT OF 10 REPORTED OVERALL SERVICE SATISFACTION.

ACKNOWLEDGEMENTS

A huge thank you to **Social Investment Fund** for their generous funding to allow support of training, resourcing and partnership working to be established by the Youth Commission to ensure early-intervention mental health support is accessible within the Bailiwick.

2023 PARTNERSHIPS

Climb
LBG

2023 was the fifth year of our climbing project, run in partnership with Climb, a Guernsey Registered Charity. Together we ran 65 climbing sessions totalling 91 hours and 328 'contacts' with young people.

This project runs every Saturday morning during term time at the climbing wall at St Sampsons High. It is aimed at young people between the ages of 10 and 18 and focusses on developing the skills needed to climb safely & independently. In the summer months the young people are given the opportunity to take their skills outdoors where they can participate in the Mountain Training Rock Skills Scheme.

Our Impact

"Really enjoys the sense of accomplishment she gets from climbing. She struggles to achieve most of her week at school but at climbing she feels she really can succeed and tries to beat her last climb. This way she is only comparing herself to herself rather than to others. She gets a good physical workout too without feeling like it is exercise. The nature of the climbing is great for autism, no direct face to face contact unless it is wanted and yet they work in teams to support each other."

" My son really enjoys climbing, he always asking when will be the next time to go again. He loves climbing, the benefits for him are growing his confidence, socialising with other people, making him physically stronger."

"My son enjoys the climbing, he's happy for us to drop him off and leave now which is a big step for him which also shows he is comfortable with the instructors, the activity and the space."



Once the young people reach the age of 16 they are eligible to gain their Indoor Climbing Assistant (ICA) qualification, and then assist with the running of climbing sessions themselves, in either a voluntary or paid capacity. It is super exciting to see several of the original cohort of 2019 using their ICA qualification to encourage a whole new generation of climbers! One of our assistants is even starting on his journey to become a fully qualified Climbing Wall Instructor!

The project is inclusive and open to all young people, no matter what their health condition or impairment - everyone can climb! For many of our young people climbing is a great alternative to team sports, where you are simply challenging yourself, at your own speed. It is great at fostering increased self-confidence and self-esteem, while getting some exercise along the way.

65
SESSIONS

91
HOURS

328
CONTACTS

LIBERATE

Liberate delivered 44 lessons, to 803 students across 5 schools to Years 7, 9 & 11 and the Home Education group.

WE'VE HELPED GROW AND CREATE LGBTQ+ GROUPS IN 3 SCHOOLS WHICH SUPPORT ABOUT 50 STUDENTS AND WE HELD 15 YOUTH GROUPS WITH APPROXIMATELY 15 YOUNG PEOPLE ENJOYING HAVING A DEDICATED LGBTQ+ FRIENDLY SPACE TO MEET.

GUERNSEY SKATEPARKS

Tim and Ginny are so dedicated to the Jubilee Skate park, they run skate lessons from 9am - 12noon on a Saturday. (All ages are welcome) and all equipment is provided for free. The sessions are very popular and we have between 25 - 50 young people that turn up every week, for the morning skate lessons.

Saturday morning lessons have a great community spirit and it's really cool to see the young people helping and encouraging each other, this camaraderie really helps boost their confidence.

Friday evening's through out the winter months we run u18s skateboarding sessions at Styx - we have a set of portable ramps that we setup from 7-9pm. This is a popular evening with our young skaters!

During the summer we also run YC youth club skate evenings - these have proved very successful skateboarding taster sessions where we provided skateboards, helmets and ran skate lessons getting everyone who took part up and rolling on a skate board!

Skateboarding is all about personal expression and developing your own style whether its the way you preform tricks, the clothes you wear or the graphics on which you skateboard.

In July we ran a very successful workshop in collaboration with Art for Guernsey, and brought over two top UK street artists Teddy Baden and Charlie McFarley. Teddy and Charlie worked with the young people to paint street art murals at the skatepark. The workshop started with a talk and practical workshop with ideas and sketches at Art for Guernsey's gallery. We then moved on to the skatepark all the young people got the opportunity get involved with painting the murals.

BENEFITS OF SKATEBOARDING FOR YOUNG PEOPLE

- Physical activity.
- Improved mental health.
- Creative expression.
- Socialisation.
- Risk-taking and problem solving.
- Respect for rules and safety.



**WE SET UP A NEW
CONNECTION WITH THE
SKATE PARK AND HAVE
SUPPORTED 80+
INDIVIDUALS SO FAR**



2023 saw a new connection come to life with The Guernsey SkateParks. Lessons at Styx on a wintery friday night and at the park on a saturday morning. North Juniors also loved having a turn in place of their usual club.



“ I like coming to the skatepark but sometimes it's very busy. My favourite is helping teach on Saturday and learning new tricks. ”

Willow



“ It's given me the chance to do something I wouldn't of thought I would enjoy, the helpers are amazing and I feel so much more confident ”

Brogan

“ Since last summer Brogan has been coming to the skatepark... from not being able to skate at all to doing the drops ins has been amazing. Such a confidence builder and get for mental and physical exercise. Tim and Ginny and the gang have all being amazing and very patient and supportive. Thank you for giving our youngsters a chance ”

Joanne
Brogan's mum



Membership Network

With our Network scheme we aim to offer support to organisations that work with children and young people across the Bailiwick to provide the highest quality service.

In order to do this we offer a free membership scheme which offers members the benefits of training sessions, minibus, room hire and safeguarding support. In addition to this we have a small grants pot that is available to charities that register with our membership scheme that aims to promote, enhance or develop additional projects for young people or alternatively support with the costs of off island travel. Additionally we will provide grants for training and staff development so organisations working with young people can have the most up to date information.

We also ran 9 training events. Understanding Grief in young people, Safeguarding Level 2, LGBTQ+, and Managing Challenging Behavior. We also ran Duke of Edinburgh, Bronze on Island. In total 103 people attended.

In 2023 we awarded Grants to:

Alderney Wildlife
3rd Guernsey Cubs
12th Guernsey Scouts
Boys Brigade
Sailing Trust

Autism Guernsey
Climb
Alderney Sailing
Liberate

